

COLORADO

# CAFÉ SCIENTIFIQUE

TUESDAY 20 JANUARY 2009  
MERCANTILE ROOM AT WYNKOOP BREWING COMPANY

<http://www.wynkoop.com/>

Corner of 18<sup>th</sup> and Wynkoop in LoDo, Denver  
About a block from Light Rail. Thirteen minutes by foot from Auraria.

## *Gaining Fat, Losing Gray Matter: An Uplifting Assessment of our Mile High Health*

Bridget Coughlin, PhD, Deputy Chief Curator and Curator of Human Health  
Denver Museum of Nature & Science

Exercise your body? Lose Weight? Nah... How about gaining some gray matter for a New Year's Resolution? In 2009 the Denver Museum of Nature & Science will open a new permanent health exhibit, *Expedition Health*, that will allow visitors to learn more about their personal biology and what it is capable of. This interactive and collection-rich exhibit also strikes at two seemingly unrelated concerns: that people, especially kids, spend too much time indoors and that as a population we are increasingly illiterate about how our bodies work.

At this Café we will test (yes, there might be a pop quiz—with prizes given out for the winners!)—our knowledge of how the human body works by taking a regionally-specific look at our health. We will also discuss (and undoubtedly debate) the pros and cons of legislation such as No Child Left Inside and hear what the museum is trying to do to connect the Natural World of the Rocky Mountains to the personal health and scientific literacy of Colorado's citizens.

***EVERYONE IS WELCOME.*** The discussion starts at 6:30 in the Mercantile Room (no food service there). Come before 6 PM to leave yourself time to get something to eat in the restaurant area, or stay and eat afterwards. We end around 8 PM.

There's no charge. The Wynkoop are generously providing the facility; we buy our own drinks. It is first come, first seated, and **seating is limited** by the fire laws!.

The Colorado Café Scientifique in Denver is organized by an informal committee of faculty from CU and institutions up and down the Front Range, as well as writers, students, and science fans from industry, government and all over. We welcome your input, including ideas for speakers and topics. Bring them with you to the next Café, or e-mail them and any questions to [John.Cohen@UCDenver.edu](mailto:John.Cohen@UCDenver.edu)

Essential information on our Web site at <http://CafeSciColorado.org>